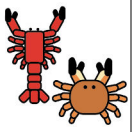
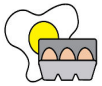
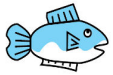
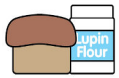
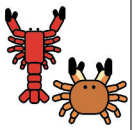
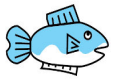
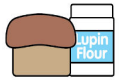
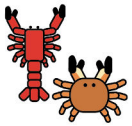
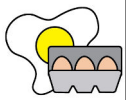
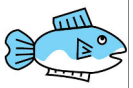
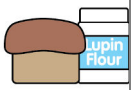
# DISHES AND THEIR ALLERGEN CONTENT

| DISHES | | |  |  |  |  | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Celery and garlic | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk and dairy | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Banana Bread | | | | ✓ | | | ✓ | | | | | | | |
| Chocolate Chip Cookies | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | |
| Granola | | ✓ | | | | | ✓ | | | ✓ | | ✓ | | |
| Cheese & Tom croissant | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Toast | | ✓ | | | | | ✓ | | | | | | | |
| Simple Avo on Toast | | ✓ | | | | | | | | | | | | ✓ |
| Avo on Toast | | ✓ | | | | | ✓ | | ✓ | | | | | ✓ |
| Eggs on Toast | | ✓ | | ✓ | | | ✓ | | | | | | | ✓ |
| SW cheese & mustard | | ✓ | | | | | ✓ | | ✓ | | | | | |
| SW cheese & car onions | | ✓ | | | | | ✓ | | | | | | | ✓ |
| SW Aubergine | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | |
| Shashuka | | ✓ | | ✓ | | | | | | | | | | |

| DISHES | | |  | |  |  | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery and garlic** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk and dairy** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Granola (Bulk) | | ✓ | | | | | | | | ✓ | | ✓ | | |
| Berry Compote | | | | | | | | | | | | | | |
| Avo (Bulk) | | | | | | | | | | | | | | |
| Poached Egg | | | | ✓ | | | | | | | | | | ✓ |
| Rubies Tomato Salsa | | | | | | | | | ✓ | | | | | |
| Harrisa roasted vegetables | ✓ | | | | | | | | | | | | | |
| Caramelised Onions | | | | | | | | | | | | | | ✓ |
| Hollandaise | | | | ✓ | | | ✓ | | | | | | | |
| Salad dressing | | | | | | | | | ✓ | | | | | ✓ |
| Salmon | | | | | ✓ | | | | | | | | | |
| Fresh Lemonade | | | | | | | | | | | | | | |
| Roasted Seeds | | | | | | | | | | | | | | |

| DISHES | | |  |  |  |  | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery and garlic** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk and dairy** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Croissants | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Pain au choc | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | |
| Almond croissants | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | |
| White SD | | ✓ | | | | | | | | | | | | |
| Brown SD | | ✓ | | | | | | | | | | | | |
| Sweedish Rye | | ✓ | | | | | | | | | | | | |
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19.03.2020

Reviewed by: Natasha Godfrey

Food Standards Agency
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